

Sister Kristin M. Yee taught,

"Although growth and change are essential parts of our progression, there are gratefully some familiar constants in our lives that balance and anchor us in times of change.

Those eternal constants
are our Heavenly
Father and our Savior,
Jesus Christ —



Their perfect love
for you, Their
complete
awareness of you,
Their power and
covenant promises."

Read Sister Yee's article "Growing Closer to God in Times of Change"

