



"Being 'converted unto the Lord' [Alma 23:6] means leaving one course of action, directed by an old belief system, and adopting a new one based on faith in Heavenly Father's plan and in Jesus Christ and His Atonement. This change is more than an intellectual acceptance of gospel teachings. It shapes our identity, transforms our understanding of life's meaning, and leads to unchanging fidelity to God."

Elder Dale G. Renlund



*Reflection:*

- What does wholehearted discipleship look like for you in this season of life — and what, if anything, is holding part of your heart back?
- Is there a belief, habit, or way of seeing yourself that the Lord has been asking you to leave behind in order to move forward?
- What helps you stay faithful when circumstances are hard, support feels distant, or the cost of discipleship is real?



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